

The Bridging Project is looking for volunteer coaches to make the difference to a first generation undergraduate starting university in September. Apply now!

What we do

We support first generation and low income undergraduates in the transition to top universities to ensure students are empowered to make the most out of their university experience. Our coaches are pivotal to what we do and have a lasting impact on the young people they work with.

Why volunteer

"The students! Their energy, activism, determination, motivation, courage - they are phenomenal young people who want to change the world!"

Bridging Project Coach

- To help empower undergraduates to make the most out of their time at university and overcome any problems they face
- Gain valuable coaching experience and enhance your CV
- Gain hours required for coaching certification (Minimum 12 hours) or accreditation
- Join a community and network of coaches across the U.K.
- Training and CPD, talks and opportunities to develop further as a coach

Click **here** to meet our current volunteer coaches

The role

- Coaches will work with students through a programme of support designed to encourage them to remain and engage fully with university life.
- Coaches will meet with students once a month from their final term in school throughout their first year at university.
- Coaches will work to develop long-term goals with students and devise monthly action points to help work towards them.
- Most coaching sessions will take place virtually with 1 a term taking place face to face.

What we look for

• **Coaching Experience** - we are looking for individuals who have experience coaching and have a basic understanding of coaching. Some form of coaching qualification(s) is not required but prefered.



- **Personable** more than anything we are looking for people who are able to connect and build relationships with young people.
- **Experience working with young people** particularly in a mentoring or coaching capacity is preferable. We will provide additional training before you start.
- **Lived experience** we are really keen for individuals who were themselves first generation to university to sign up as coaches. Note: this is not essential but we encourage applications from those with lived experience.
- Academics we ask that our coaches have studied or are studying at degree level

Time commitment

- 3 x training sessions (Virtually in the summer)
- Between 1-3 x coaching sessions a month (approx 1 hour a week commitment including prep and recording meetings)

Start date - Our coaches are matched up with coachees in June-August , ahead of students starting university.

How to apply Please apply using the link <u>here</u>. If this isn't accessible to you, please send an email at <u>info@thebridgingproject.co.uk</u>.

Deadline Please apply as soon as possible, we will be reviewing applications on a regular basis. The final deadline is Friday 29th April.

Interviews This will be informal and relaxed. It is principally an opportunity to get to know you and for you to understand a bit more about us. Interviews will take place on an on going basis with all interviews due to take place the week starting the 2nd May.

More Information We welcome the opportunity to connect with you, so If you would like more information or have any queries, please do not hesitate to get in touch at info@thebridgingproject.co.uk. Or visit our website